

Texas Associates of Endocrinology and Diabetes, P.A.

Weight and Wellness Solutions

Our clinic offers customized weight management programs, including medical evaluations, nutritional guidance, and behavioral support. We also provide treatments for obesity and metabolic syndrome, focusing on sustainable weight loss and overall wellness to reduce health risks and improve vitality.

Osteoporosis and Bone Disease Care

We provide expert evaluation and treatment for osteoporosis and other metabolic bone disorders. Our approach includes bone density testing, fracture risk assessment, lifestyle modifications, and personalized treatment options such as calcium and vitamin D supplementation, bisphosphonates, and other advanced therapies.

Calcium and Mineral Disorder Management

We diagnose and treat disorders involving calcium and other minerals, such as hypercalcemia, hypocalcemia, and parathyroid diseases. Our services include comprehensive lab testing, imaging studies, and treatments aimed at restoring mineral balance and preventing complications like kidney stones or bone issues.

Testosterone Therapy

Testosterone disorders are conditions that occur when the body doesn't produce enough testosterone, the main male sex hormone. These disorders include Male hypogonadism, Hirsutism and Acne Male hypogonadism, also known as testosterone deficiency syndrome, can be caused by a problem in the testicles (primary hypogonadism) or in the hypothalamus or pituitary gland (secondary hypogonadism). Low testosterone levels can be caused by a number of factors, including chronic illness, obesity, diabetes, depression, and certain medications

Lipid Disorders and Metabolic Syndrome Care

We provide advanced care for lipid disorders, including high cholesterol, triglyceride imbalances, and metabolic syndrome. Our treatment plans focus on lifestyle changes, dietary modifications, and medication management to reduce cardiovascular risk and improve metabolic health.

Pituitary and Adrenal Disorder Management

We diagnose and treat conditions affecting the pituitary and adrenal glands, including Cushing's syndrome, Addison's disease, prolactinomas, and adrenal insufficiency. Our services include hormonal testing, imaging studies, medication management, and, when needed, coordination for surgical interventions.

Source: Endocrine Society (www.endocrine.org)